

## PROVIDER LICENSES

Therapists – Do not prescribe medication

| <b>License Abbreviation</b> | <b>Description</b>                             | <b>Education</b>   |
|-----------------------------|--|--|
| LCSW                        | Licensed Clinical Social Worker                | Social workers commonly hold a master of social work degree and have completed two years of supervised practice in order to obtain their clinical licenses. While many work in private practice, social workers often work in schools, community clinics and government agencies. (National Association of Social Workers)   |
| LPC                         | Licensed Professional Counselor (Arizona Only) | Counselors have a master's level degree in a field such as counseling, psychology, or substance abuse treatment, and generally must complete two years of supervised practice before obtaining a license. Like social workers, they work in private practice as well as in schools and hospitals. They often treat people dealing with problems such as alcoholism, addiction or eating disorders, usually for short periods of time. Some specialize in a certain area such as marriage, family and child counseling. (American Counseling Association) |
| MFT                         | Licensed Marriage and Family Counselor         | Marriage and family therapists receive master's or doctoral degrees specializing in family and interpersonal dynamics. They treat individuals in the context of family relationships, addressing issues from anger and resentment to intimacy and communication skills. Treatment with a marriage and family therapist is typically brief (20 sessions or less) and solution-focused. (American Association of Marriage and Family Therapists)   |

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| PhD<br>PsyD<br>EdD | Licensed Psychologist | <p>Psychology has two doctoral degrees: a Ph.D., a doctor of philosophy, or a Psy.D., doctor of psychology. Ph.D. programs in clinical psychology emphasize theory and research methods and prepare students for either academic work or careers as practitioners. The Psy.D., emphasizes training in therapy and counseling. Psychologists with either degree can practice therapy but are required to complete several years of supervised practice before becoming licensed. Professionals with Ed.Ds practice therapy just as those with Ph.Ds. Many of these professionals are trained in child development and education, sometimes with a focus on educational planning and assessment. Some work as school superintendents, principals or directors of nonprofit organizations.</p> <p><b>Psychologists can also specialize in providing psychological testing.</b></p> <p>(American Psychological Association)</p> |
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### Psychiatry – Are able to prescribe medication

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|----|-----------------------|---|
| MD | Licensed Psychiatrist | <p>Psychiatrists are medical doctors who, after completing medical school, receive an additional four years of specialized mental health training. Psychiatrists treat the full range of emotional and mental disorders, and are licensed to prescribe medication. Psychiatrists sometimes use psychotropic medication in conjunction with therapy to treat psychiatric disorders. (American Psychiatric Association)</p>       |
| DO | Licensed Psychiatrist | <p>Psychiatrists are doctors of osteopathy who, after completing medical school, receive an additional four years of specialized mental health training. Psychiatrists treat the full range of emotional and mental disorders, and are licensed to prescribe medication. Psychiatrists sometimes use psychotropic medication in conjunction with therapy to treat psychiatric disorders. (American Psychiatric Association)</p> |

**PROVIDER LICENSES**

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|-------------------|-----------------------------------|--|
| NP<br>RNP<br>RNCS | Psychiatric Nurse Practitioner    | They are educated as nurses with a specialization in treating mental health and substance abuse disorders.                 |
| PA                | Psychiatric Physician's Assistant | They are educated as Physician's Assistants with a specialization in treating mental health and substance abuse disorders. |