

These guidelines are to assist providers in responding to requests for written and/or telephonic clinical reviews.

When submitting clinical information, please use the Concurrent Review Form to structure your response. You may communicate the clinical information by:

- Leaving a Voice Mail at 800-779-3825 x5427
- Faxing the completed form to 877-803-3182 - *Remember to print legibly*
- Emailing to ncollins@chipa.com - *HIPAA Reminder: If you do choose email, please do not include the patient's name in the subject line or content. Use the Patient ID found at the top right of your Service Notification (e.g., 123456-01-01)*

The Clinical Review is based on the DSM-IV Five Axis Diagnosis. At times additional biopsychosocial information will be requested to determine a member's overall level of functioning and response to treatment. Key indicators used in the review process are noted below:

Current Axis I and Axis II diagnoses:

- Does the patient have a severe mental illness diagnosis, such as Major Depression or Bipolar Disorder? If so, has patient received a psychiatric evaluation? Evidenced based treatment for severe mental illness includes psychiatric evaluation. If patient is unwilling to accept referral, what alternative options are identified to ensure positive treatment outcome?
- Does the patient have a personality disorder? If so, what interventions are being used to mitigate impact of disorder on overall treatment gains?

Medical issues:

- Has provider coordinated care with medical provider and documented outcome? Whenever a patient has a significant co-morbid medical condition, the expectation is that the behavioral health provider is coordinating services with the medical provider
- Is the patient taking any medications? If so, please provide name, dosage, and length of time on medication. Have you spoken with the prescriber regarding any potential side effects to be aware of? Is patient compliant with medication?

Axis V (GAF):

- What has been the change in functioning over the course of treatment? The expectation is that patients will make progress within the first six months of treatment. If no progress has been achieved, what are the primary treatment barriers and what interventions are being used to address barriers?

Objective Presentation:

- What are the current symptoms being treated? How long have they been present?
- Are there any current risk factors, such as SI/HI or substance abuse?
- What is patient's most recent MSE?

Treatment Plan:

- For the objective presentation noted above, what treatment modality(s), such as, CBT/RET, conjoint/family, stress reduction, etc. are being used to address the client's symptoms?
- For children/adolescents, how have parents been involved in treatment?

Goals and Termination:

- What is goal for treatment?
- How will you know that patient has reached their treatment goal (e.g., what behavioral changes will be accomplished)?
- When do you expect patient to reach their treatment goals?

If you have questions about the review process, contact Neil Collins, MFT, Director of Care Management at 562-467-5427 or reference CHIPA Policies and Procedures, at our Website: www.comprehensivebehavioral.com