

<b>Comprehensive Behavioral Health Management/College Health IPA Policy and Procedure Manual</b>	
<b>Policy Name:</b> Treatment Termination	<b>Patient Rights and Responsibilities</b>
<b>Date:</b> 3-95 <b>Reviewed by QI Committee:</b> 7-06, 7-07, 7-08, 7-09, 7-10 <b>Revised by QI Committee:</b> 7-06, 7-09, 7-10	<b>Page:</b> 1 of 1 <b>Policy Number:</b> RR-20

**Purpose:** To ensure Comprehensive Behavioral Health Management/College Health IPA (CBHM/CHIPA) providers follow appropriate guidelines when terminating treatment. Also reference Policy *Transition of Care*, UM-7.

**Policy:**

1.0 Termination Indicators

- 1.1 When provider and patient agree treatment is complete
- 1.2 When patient has made significant improvement
- 1.3 When a patient is uncooperative or non-compliant with recommended treatment and further intervention with provider is unlikely to effect change
- 1.4 When a patient's diagnoses and treatment is outside of the provider's expertise and/or scope of practice.
- 1.5 When a patient no-shows for three consecutive appointments

2.0 Termination Guidelines

- 2.1 Providers should notify patients a minimum of two sessions in advance regarding termination and allow time for processing closure.
- 2.2 If provider does not have the expertise to treat patient's diagnosis and/or the patient requires care outside the provider's scope-of-practice, the provider should seek immediate consultation from CBHM/CHIPA. Arrangements will be made for:
  - 2.2.1 Second opinion referral
  - 2.2.2 Transition to another provider with required specialty
- 2.3 If providers are terminating due to patient being non-cooperative, a thorough risk assessment should be done prior to termination, and if patient at risk, s/he should be referred directly to a licensed clinician at CBHM/CHIPA for assistance in developing alternative treatment plans.
- 2.4 If providers are terminating due to no-shows, a written notification should be sent advising patient to re-contact CBHM/CHIPA for assistance with additional referrals as needed.